

## SANTORINI

| by Giorgios Seferis |

...write if you can on your last shell the name, the place  
and throw it to the sea in order to descend.



O'PATI





#### SPECIFICATIONS

Length: 39,50m 129,7ft

Beam: 7,20m 23,7ft

Draft: 1,25m 4,1ft

Number of crew: 7

Built: 2011

Builder: Golden Yachts

Interior Designer: Studio Giorgio Vafiadis, Italy

Naval Architect: Hydrotec S.A., Italy

#### EQUIPMENT

Engines: 3 x 2000hp MTU

Generators: 2 x 50kw CATERPILLAR C4.4

Cruising speed: 24 knots

#### ACCOMMODATION

Number of Cabins: 5

Cabin Configuration: 3 Double, 2 Twin

Number of guests: 10-12



Main Deck

Salon | Dining Area

Bar

Bridge



The comfortable & stylish salon of O'Pati sets the standards of luxury yet minimal environment to the highest of levers. lay out on the comfortable sofa & watch your favorite movies or World Cup in front the 46-inch mirror LCD screen TV with home theater system.



O'PATI's dining area offers the perfect setting for an elegant evening dining or a nice cocktail from the fully stocked bar.



#### Greek Yogurt

Greek Yogurt is one of the world's most premium yogurts. It is thick and rich; not runny or watery as others may be. It is very beneficial to your health, and compared to other yogurt, it has about twice the protein, half the sodium, half the carbohydrates, less lactose, & is a more concentrated source of pro-biotics.

According to health experts, yogurt as part of a balanced diet is believed to promote health, longevity & immunity. It helps your digestion, to strengthen bones & prevent osteoporosis, to boost your immune system and is the ideal balanced snack for those that are exercising regularly or following a low-fat or high-protein diet in order to lose weight.

Yiaourti Me Meli | Greek yogurt, honey, & nuts

It's served in Greece as a dessert, but I could eat it all day long. Feel free to adjust any of the ingredients to taste. Sub pistachios for walnuts if you prefer. You can also add fresh fruit to the bowl, peaches, berries, whatever is ripe & seasonal.

1/2 cup Greek yogurt | 1 tsp crushed walnuts | Cinnamon to taste | 1 tsp Greek pine honey, more or less to taste

Spoon the yogurt into a small dessert dish. Sprinkle crushed walnuts over the top of the yogurt. You can toast the walnuts lightly in a hot skillet, if you'd like, to bring out more of their natural flavor. Sprinkle the yogurt with cinnamon and drizzle with honey. Serve.



Bridge





Lower Deck

Master Stateroom

Two Double Cabins

Two Twin Cabins



The Master stateroom, located on the lower deck, has a walk around wardrobe area once you enter the stateroom, an extra king size bed, a sofa, mirror LCD TV with home theater system, en-suite facilities with separate shower & a double sink vanity.



The two Double cabins are located on the lower deck.  
Each cabin is differently decorated with the finest of materials...



...yet in complete harmony with the rest of the yacht's minimal characteristics. All cabins have en-suite facilities & AV surround system.



The two Twin cabins are located on the lower deck & each have a Pullman berth, en-suite facilities & AV surround systems.



Twin Cabin



Breakfast can be served on the aft main deck, protected from the sun by the automatic tent which is cleverly hidden when not used.



Yet another large sun lounge on the aft main deck,  
to lazily pass the day in the sun.



O'PATI

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The bow area has a c-shaped sofa and large sun lounge to entertain a big, happy crowd.



The large flybridge deck has a super-size sun lounge for getting that perfect tan. Don't be fooled by the yacht's sleek appearance; the vast outer deck areas are numerous & spacious.



O'PATI is a 40mtrs yacht with performance & comfort combined in a sleek design. She will effortlessly take you from a secluded cove to a cosmopolitan port quickly & safely.



#### WATER TOYS

- One Zodiac 4,80m with outboard engine 90hp Evinrude High Tech
- One Bombard Typhoon 280 Aero with outboard engine 4hp Johnson
- One jet ski 3-seat Kawasaki
- Water ski equipment
- Wakeboard
- Tubes
- Stand up paddle SUP
- Diving, fishing & snorkeling equipment

A woman is swimming underwater in clear blue water. She is looking directly at the camera with a slight smile. Her arms are extended horizontally to the sides. The water surface is visible above her, with light reflecting off the ripples. The overall scene is bright and clear.

### Exercising in Water

Including water fitness into your exercise routine can be a great way to increase strength, flexibility & cardiovascular health. You can work opposing muscles at the same time. It reduces your weight, therefore putting significantly less stress on your joints, bones & muscles.

**Tread Water.** Try floating for at least 3 minutes, if you are a beginner & move your way up to 5 or 10 minutes as you get more advanced.

**Arm Workouts.** Start with simple arm lifts (with or without weights). After lifting your arms, you can rotate them in a clockwise direction & then in an anticlockwise direction.

**Abs Workouts.** Walking under water, maintaining your abs tight can be a starting point to work on your abs. Then lift one of your legs as high as you can.

**Legs and Buttocks Workouts.** The legs & buttocks will be used whenever you are treading water or swimming.

**Stretching Exercises.** After a session of aqua aerobics or water workouts, you will have to stretch. You can perform the stretches even before you start the workout, so that you won't get any injuries. However, performing workouts in the water is much safer than performing workouts outside the water & there are lower chances of strains or pulled muscles.

"The cure for anything is saltwater-sweat, tears or the sea"  
Isak Dinesen